



THE CENTREPIECE

May to June
2019

UNANDERRA COMMUNITY CENTRE

Our Vision: Engage, inform and connect with the community to enable them to access opportunities for empowerment and self determination.

Our Mission: UFARA will do this by:

- ◇ Understanding the community needs
- ◇ Friendly Environment
- ◇ Access to information and services
- ◇ Resourcing and representing our community
- ◇ Actively engaging with our community



This Centre Provides:

- ◆ Information and referrals
- ◆ Community Strengthening programs for families, young people and seniors
 - ◆ Social/recreational activities
- ◆ Community development and actions as well as support programmes
 - ◆ Photocopying



- ◆ Community access to hall hire facilities for the local community of Figtree and surrounding suburbs



Zumba Class Sat 10-11am

\$10 OR \$80 for 10 classes

Contact: Eunice Garcia

Ph: 0414084887



**FREE Dance Therapy
group Thursdays**

1-2pm



The Centre is **OPEN:**
Monday to Thursday

9am to 2:30pm

Please call

42712213

YOU ARE INVITED!

to become a member and join UNANDERRA FIGREE AREA RESIDENTS ASSOCIATION INC which governs Unanderra Community Centre's Programmes. Please support your local Community Development and Youth Programmes.

Annual Membership of \$5

DISCOVER PLAYGROUP

Figtree/Unanderra Playgroup
Main Hall
Unanderra Community Centre
CNR Factory Rd & Princes Highway

LEARN THROUGH PLAY

Come and join us on Tuesdays at 10.45 – 12.30!



MAKE FRIENDS

Playgroup is an informal gathering where parents, carers, babies and children up to school age come together in a relaxed and friendly environment to connect, play and learn.

 Playgroup NSW
t 1800 171 882
w playgroupnsw.org.au
© Playgroup NSW 2017

CALL US FOR A VISIT!

UNANDERRA YOUTH PROJECT

8-18 Year-olds

Tues, Wed, Thurs: 3-5pm

Cnr Princes Hwy & Factory Rd, Unanderra 2526

POOL SPORT EQUIPMENT
COMPUTERS AND INTERNET
COOKING PLAYSTATION WORKSHOPS
HELP WITH HOMEWORK

FORTNIGHTLY SWIMMING STARTING FROM THE 20TH OF FEBRUARY 3:30PM

Our services offers information, support and referral for all young people and families

Contact us:
E: unanderrayouth@gmail.com
M: 0475077157
Facebook & Instagram:
[@unanderrayouthproject](https://www.instagram.com/unanderrayouthproject)



FREE Women's group

Tuesdays

2–3:30pm

Let's Sing Together



Your musical instruments are welcome

Come along and have some fun

Unanderra Community Centre
Princes highway /Factory Rd
Unanderra Ph 42712213



Unanderra Senior Women's Activity group

We meet Tuesdays 9:30 am to 2 pm at Unanderra Community Centre.

We offer craft, activities, entertainment, monthly outings.

Come join us for some fun and friendship . New members always welcome!

PH: 42712213



Please join our NAIDOC Week planning team!

All Welcome to attend our first meeting on April 30th at Unanderra Community Centre.



Centre groups

Monday	Tuesday	Wednesday	Thursday
Mens 50+ Fitness 8-9am Women's 50+ Fitness 9:30am – 10:30am \$10	Women's 50+ Fitness 9:30am –10:30am \$10	ORANGE SKY Free Mobile Laundry 11.30-am–1.30pm	Women's 50+ Fitness 9:30am – 10:30am \$10
Mental health Recovery Discovery group 10:30am – 2:30pm	Gardening Group 9:30AM– 12PM	ADRA Community Pantry PANTRY \$15 12pm –1.30pm <i>(ADRA will be back on the 16th of Jan)</i>	Cyber Club 9:30am – 12pm
Living Connected Computer and IT support 1:30pm – 3 pm	Senior Women's Activity Group 9:30am – 2pm		
	Women's Lets Sing 2pm – 3:30pm		FREE Dance Therapy group 1pm–2pm
	Youth Group Activities 3pm –5pm	Youth Group Activities 3pm –5pm	Youth Group Activities 3pm –5pm

Other Regular Groups Use Our

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Alcoholics Anonymous 8pm–10pm	Community Playgroup 10:45am– 12:30pm	Combined Pensioner Superannuants 9:15am –2pm	Australian Unity Weja Homecare (Fortnightly) 12:3pm –3pm	Illawarra Machine Knitters 10:30am– 2:30pm (1st Fridays)	Weight watchers 7:30am–9:30am
			Wollongong Amateur Astronomy Club 7:30– 9:30pm (1st Thursday monthly)		Illawarra Comp Enthusiasts 1pm–3:30pm (4th Sat of the month)
Rhee Tae Kwon Do 6pm–7pm		Rhee Tae Kwon Do 6pm–7pm			Zumba 10-11am (\$10)
Yoga (Ivengar) 5:45pm– 7:30pm	Gospel Mission 6:45pm– 8:45pm	Yoga (Ivengar) 5:45pm– 7:30pm	Yoga (Ivengar) 10.30am -12pm		

NILS 'NO INTEREST LOANS SCHEME':

The aim of the Community Loan Scheme is to provide no interest loans to people on low incomes, who are living in the local areas.

The maximum loan is \$1000 dependent upon your ability to repay. The loans may be used to purchase essential household items such as:

- White goods eg Fridges, stoves washing machines
 - Hot water services
 - Essential electrical goods
 - Furniture
 - Medical equipment
 - Other worthwhile purposes



Contact Sandra 42712213 for referral forms/information before making your appointment at Port Kembla Community Centre. Electricity and gas vouchers now available.

Your application will be considered for approval by an Independent committee

EMERGENCY FOOD RELIEF by ADRA

COMMUNITY PANTRY \$15



Wednesday 12:00- 1:30pm

⇒ Figtree Mobile Community PANTRY

Thursdays 5-6pm Figtree Anglican Church

⇒ Manna Van (FREE) park opposite the Centre

Tuesday 5:30-6:30pm

⇒ FREE LAUNDRY SERVICE ORANGE SKY

Wednesday 11:30am-2pm

Halls for Hire

At Unanderra Community Centre available for regular and casual bookings including

functions and activities such as:

- ◆ Local groups, Training seminars, Birthdays, Dance, Meetings, Workshops, Events, Reunions, Parties

Small Hall Seats 70 or

Large Hall Sets 100

Tables and Chairs Provided. Reasonable Rates

For more information or to make an appointment to view the halls

Phone 42712213



Can't Pay Your Fines?

Want to get your license back?

Want a fresh start?

Have you considered a Work and Development Order?

What is a Work Development Order?

A Work Development Order is unpaid work with an approved organisation or through certain courses to help pay off your fines.

Am I eligible for a Work Development Order?

You are eligible for a WDO if you:

- Are experiencing financial hardship and cannot pay off your fines
- Are homeless
- Have a mental illness, intellectual disability or cognitive impairment.
- Have a serious addiction to drugs or alcohol

Ask within to see if you are eligible to apply for a Work Development

Order or PH 42712213



OUR COMMUNITY

GARDEN NEEDS YOU!

We are looking for volunteers to help tend our garden, if you are interested please drop in.

Tuesdays 9:30am-12pm

Ph 42712213

**IF YOU NEED
SUPPORT IN
TIMES OF CRISIS**

PLEASE CALL

131114

